

Curriculum Vitae

James Eckhart, DDS

Torrance, CA

Education and Residency Training

2000 Certificate in Invisalign

2000 Credential in Dental Sleep Medicine

1974 Certificate in Orthodontics

University of California at San Francisco
Post-doctoral specialty training
Board eligible

1970 Doctor of Dental Surgery Dentistry

University of Southern California
Los Angeles, CA
Valedictorian
Class President

1966 Associate of Arts Pre dentistry

El Camino College, Torrance, CA
Pre dentistry Award

1962-4 Electrical Engineering

Stanford University, Palo Alto, CA

Professional Experience

1974-Present

Private Specialty Practice, Manhattan Beach, CA.
Experience in all phases of orthodontics and TMJ. Specific expertise in early childhood nonextraction treatment using functional and orthopedic appliances, adult treatment, orthognathic surgery planning, cleft palate, snoring and sleep apnea, physical therapy and TMJ.

1980-Present

Lecturer, study groups, dental and orthodontic societies, private seminars, student and parent groups, business groups. Subjects included orthodontics, practice management, dental health, careers in dentistry, growth and development, and sleep disorders.

1990-Present

Consultant, Equipment and product evaluation for orthodontic manufacturers.

1991-Present

Inventor, Patent obtained on MARA overbite corrector.

- 1989-Present Development, Creation of new orthodontic, anti-snoring, and TMJ appliances, treatment regimes, and patient education materials.
- 1987-Present Writer, Dentist education newsletter for continuing education credit, newspaper dental health column, magazine articles, and patient newsletter.

Professional Appointments and Services

- 1978-9 Secretary, Southern California Bioprogressive Study Club

Professional Societies and Memberships

- American Association of Orthodontists
- Pacific Coast Society of Orthodontists
- California State Society of Orthodontists
- Academy of Dental Sleep Medicine
- Diplomate American Board of Dental Sleep Medicine
- Invisalign Mentor Southern California
- Elite Premier Provider Invisalign
- Ormco Insiders Club
- American Dental Association
- California Dental Association
- Western Los Angeles Dental Society
- Power Practice Management Group
- Progressive Study Club

Publications

Private Newsletters:

- Removable Ortho Appliances Easily Mastered by General Dentists
- Risky Perio vs. Ortho
- How to Examine a Young Child's Face
- How to Examine a Young Child's Lower Dental Arch
- How to Examine a Young Child's Upper Dental Arch
- How to Examine a Young Child's Occlusion
- Orthodontic and Facial Problems to Watch for in Adolescents
- Orthodontic and Facial Problems to Watch for in Adults
- Orthodontic and Facial Problems to Watch for in Adults (cont'd)
- Examinations and Orthodontic Referrals
- How Diagnostic Forms and Records are Used in Our Office
- Treatment Planning Interactions Between the General Dentist and the Orthodontist
- Most Frequent Questions Concerning the MARA

Chapter in Surgical Management of Sleep Apnea and Snoring. Terris DJ, ed. Non Surgical Management: Oral Appliances. Taylor and Francis 2005

Chapter in Orthodontic Treatment for the Class II Noncompliant Patient: Current Principles and Techniques. Papadopoulos M, ed. The Mandibular Anterior Repositioning Appliance (MARA) Mosby Elsevier 2006

World Journal of Orthodontics 2003; 2:135 Class II therapy with the Mandibular Anterior Repositioning Device

Compendium May 2001 Snoring and Sleep Apnea: Dental and Medical Perspectives

Dentistry Today April 2001 Dentistry's Role in Sleep Disordered Breathing

AOA Video 1997 (Rev. 1998) The MARA

California Dental Association Journal August, 1998; Contributing Editor, editorial

California Dental Association Journal August, 1998; 26:8:611-23, Comparisons of Oral Devices for Snoring

Journal of Clinical Orthodontics October, 1998 Case Report/Orthodontic Uprighting of Horizontally Impacted Mandibular Second Molars

AOA Monograph Most Frequent MARA Questions 1998

Clinical Management of the MARA 1998; Paula Allen-Noble

MARA Users' Newsletter 2004; The MARA U

AOA Newsletter 2005; MARA Available on UltiMax Bands

AOA Newsletter 2004; Updating the MARA (MARA U)

AOA Newsletter 2004; 1:1 Using the MARA to correct class II's in adults

AOA Newsletter 2003; 1:3 The e-MARA

AOA Newsletter 1998; 2:2:4 The MARA

AOA Newsletter 1998; 2:1:4 The MARA

AOA Newsletter 1997; 1:1:1-2 The MARA

Clinical Impressions 2005; MARA Modification (MARA U)

Clinical Impressions 2001; 10:1:16 MARA Provides Effective Adult Treatment

Clinical Impressions 1998; 7:3:2 Introducing the MARA

Clinical Impressions 1996; 5:4:20 Patient Newsletters

Clinical Impressions 1994; 3:3:12 Newsletters to General Dentists

Clinical Impressions 1993; 2:4:6 The New Patient Office Tour

Clinical Impressions 1993; 2:1:8 Snoring/Sleep Apnea...An Obvious Realm for Orthodontists

Int. J. Adult Orthod. Orthognath. Surg. 1992; 7:235-243 The Use of Osseointegration to Stabilize a Surgical Elongation of the Maxilla: A Case Report

El Segundo Herald, Several articles on dental and orthodontic health,

Scene Magazine, Adult Orthodontics, 1990.

National Enquirer, Quoted in an article on Neon Colors in Braces, May 1991

Daily Breeze, Featured in an article on adult orthodontics, 1989.

Today's Professional Featured in a cover article on management, 1989.

Private Publications: Babysitters Guide, Careers in Dentistry, Parent Alert, Common Questions Parents Ask.

Awards

1992 Citizen of the Year, Manhattan Beach Lions Club

1970 McNulty Award, University of Southern California Highest grade point average for four years. School of Dentistry.

1962 Dofflemyer Scholarship to Stanford University

1962 Walteria Businessmen's Club Scholarship

1958 Eagle Scout

Lectures

2008 Invisalign Study Club 5 lectures

2008 San Diego Academy of Orthodontists The MARA

2008 UCLA Orthodontic Graduate students The MARA

2008 Loma Linda Graduate students The MARA

2008 Respironics Dentistry's Role in Sleep Disordered Breathing 2 lectures

2008 Invisalign Mentees Club 5 lectures

2008 Derek Mahony Orthodontic Study Club The MARA, and Dentistry's Role in Sleep Disordered Breathing

2008 Robin Abari Study Club Dentistry's Role in Sleep Disordered Breathing

2007 Invisalign Study Club 5 lectures

2007 UCLA Orthodontic Graduate students The MARA

2007 Loma Linda Graduate students The MARA

2006 Invisalign Study Club

2005 Ormco Insiders South Africa: MARA U

2005 University of Pretoria: Everything You Didn't Know You Needed to Know About the MARA

2005 South Bay Dental Hygiene Society: Dentistry's Role in Sleep Disordered Breathing

2004 Reno Study Club: The MARA, Sleep Disordered Breathing

2004 Functional Orthodontics Chicago: The MARA

2004 Ann Arbor Study Club: The MARA

2004 American Association of Orthodontists Orlando: The MARA U (table clinic)

2004 American Association of Orthodontists Orlando: The Changes Occurring with MARA Treatment

2004 UCLA Ortho Students: The Changes Occurring with MARA Treatment

2004 Loma Linda Ortho Students: The Changes Occurring with MARA Treatment

2004 Progressive Study Club Sonoma: The MARA U

2003 American Association of Orthodontists Honolulu: The MARA.

2003 American Association of Orthodontists Honolulu: The e-MARA (table clinic)

2003 Progressive Study Club Sarasota: The e-MARA

2003 USC Ortho Students: The MARA

2003 UCLA Ortho Students: The MARA

2003 Loma Linda Ortho Students: The MARA

2003 CDA Meeting Anaheim: Dentistry's Role in Sleep Disordered Breathing (gave lecture 3 times)

2002 Southwestern Society of Orthodontists: The MARA

2002 Ormco Insiders Laguna Niguel: The e-MARA

2002 Southern Society of Orthodontists The MARA

2002 American Association of Orthodontists Philadelphia Doctor's Town Hall Forum: The MARA

2002 American Association of Orthodontists Philadelphia Table Clinic: The e-MARA

2002 American Association of Orthodontists Philadelphia Staff Program: The MARA

2002 Progressive Study Club Dallas: The e-MARA

2002 UCLA Ortho Students: The MARA

2002 USC Ortho Students: The MARA

2002 Loma Linda University Ortho students: The MARA

2002 Quebec Orthodontic society: The MARA

2002 Palo Alto Veterans Administration: Dentistry's Role in Sleep Disordered Breathing

2002 Detroit District Dental Society: Dentistry's Role in Sleep Disordered Breathing

2001 American Association of Orthodontists Toronto Ormco Lecture Theater: Adult MARA Treatment

2001 American Association of Orthodontists Toronto Doctor's Town Hall Forum: The MARA

2001 American Association of Orthodontists Toronto Table Clinic: The MARA

2001 American Association of Orthodontists Toronto Staff Program: The MARA

2001 Texas Dental Association San Antonio: Dentistry's Role in Sleep Disordered Breathing

2001 Progressive Study Club Atlanta: Dentistry's Role in Sleep Disordered Breathing

2001 UCLA Ortho Students: The MARA

2001 USC Ortho Students: The MARA

2001 Loma Linda University Ortho Students: The MARA

2000 Roncone Study Club Palm Springs: New Class III Treatment

2000 Ormco Insiders Maui: New Class III Treatment

2000 Rancho Los Amigos Hospital: Dentistry's Role in Sleep Disordered Breathing

2000 American Association of Orthodontists Chicago: The MARA in Adult Treatment (lecture)

2000 American Association of Orthodontists Chicago: The MARA (table clinic)

2000 Progressive study Club Orange County: The MARA in Adult Treatment

1999 American Dental Association Honolulu: Dental Devices for Snoring and Sleep Apnea

1999 Ormco Insiders Vermont: Effective Newsletters (roundtable)

1999 American Association of Orthodontists San Diego: The MARA (lecture)

1999 American Association of Orthodontists San Diego: The MARA (table clinic)

1999 American Association of 'Orthodontists San Diego: The MARA (two roundtables)

1999 Progressive Study Club La Costa: The MARA

1998 Private Course: Removable Ortho Appliances Easily Mastered by General Dentists

1998 South Bay Dental Hygiene Society : The Hygienist's Role in Risky Perio-Ortho Cases

1998 Contra Costa Dental Society: Dental Devices for Snoring and Sleep Apnea

1998 American Association of Orthodontists Dallas: The MARA Appliance (Table Clinic)

1998 California Dental Association Anaheim: Dental Devices for Snoring/Sleep Apnea

1998Ormco Insiders Whistler: The MARA Appliance

1997 Foundation for Orthodontic Research Hershey: Dental Devices for Snoring/Sleep Apnea

1997 California Dental Association Anaheim: Dental Devices for Snoring/Sleep Apnea

1997 Progressive Study Club Reno: Dental Devices for Snoring/Sleep Apnea

1997 American Association of Orthodontists Philadelphia: The MARA Appliance (Table Clinic)

1996 American Association of Orthodontists Denver: The MARA Appliance (Table Clinic, Posterboard Exhibit)

1996 Progressive study Club West Indies: The MARA Appliance

1996 San Gabriel Valley Dental Society: Dental Devices for Snoring and Sleep Apnea

1995 Power Practice Management Group: The MARA appliance

1995 White Memorial: Dental Devices for Snoring and Sleep Apnea

1995 Ormco Insiders Telluride: The MARA appliance

1995 Progressive Study Club Santa Barbara: Practice Management

1995 San Fernando Valley Dental Society Zone 12: Dental Devices for Snoring/Sleep Apnea

1995 Gorman Institute: Dental Devices for Snoring/Sleep Apnea

1994 Western Los Angeles Dental Society: Dental Devices for Snoring/Sleep Apnea

1994 Power Practice Management Group: Dental Devices for Snoring/Sleep Apnea

1994 Ormco Insiders Nevis: The MARA appliance

1994 Bioprogressive Study Club: Dental Devices for Snoring/Sleep Apnea

1994 Ormco Engineering: The MARA Appliance
1994 San Fernando Valley Dental Society: Dental Devices for Snoring/Sleep Apnea
1994 Progressive Study Club Phoenix: The NPE and the E Arch
1993 Power Practice Management Group: Practice Management
1993 Beach Cities Study Club: Dental Devices for Snoring/Sleep Apnea
1993 South Bay Dental Hygiene Society: Dental Devices for Snoring/Sleep Apnea
1993 Ormco Insiders Aspen: Dental Devices for Snoring/Sleep Apnea
1993 Progressive Study Club Boca Raton: Practice Management
1992 Power Practice Management Group: Practice Management
1992 Leading Edge Study Club: Dental Devices for Snoring/Sleep Apnea
1992 Progressive Study Club Spokane: Practice Management
1992 Dr. Karl Nishimura Study Club: Dental Devices for Snoring/Sleep Apnea
1991 Power Practice Management Group: Practice Management
1991 Progressive Study Club Chattanooga: Practice Management
1990 Progressive Study Club Beverly Hills: Practice Management

Continuing Education

Dozens of courses, covering thousands of hours, and hundreds of articles from professional journals, provide current information to maintain Dr. Eckhart's expertise in evaluation and treatment of areas listed above.

Languages Spoken

Spanish, English